

**Hello!**



Thank you for downloading my guide, *Spark-Igniting Adventures: Five Unexpected Ways to Reconnect Through Travel*. I know what it's like to get so busy — with work, with your kids, or both! — that you lose out on time with your spouse or partner. Sometimes, things get so hectic that you and your partner start to feel like strangers, or just two ships passing in the night. And *that's* when you know it's time to reconnect. But how?

Through travel.

I believe that travel has this magical ability to forge bonds, invoke long-forgotten memories, and foster incredible intimacy. But a visit to a kids' theme park or an overcrowded beach isn't going to cut it; to really experience a relationship-affirming reconnection, you have to travel the *right* way. Here are my top five tips for reconnecting with your loved one through incredible — and incredibly romantic — travel experiences. I hope this guide inspires you to take a much deserved, spark-igniting vacation with your partner this year. Enjoy!

Best,



*Michelle*

Michelle Woodson Howell  
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## *Spark-Igniting Adventures: Five Unexpected Ways to Reconnect Through Travel*



### **1. Revisit One of Your Favorite Places — Together**



Think back to one of your favorite travel memories, perhaps one from before you even met your partner. Did you study abroad in one of the cultural capitals of Europe? Or maybe you backpacked your way through the villages and lush landscapes of Southeast Asia. Whatever the travel experience, it might be time to revisit this memory-laden destination — but this time

you make the journey with your partner. Sharing a piece of your past that helped shape you into the person you are today will allow your partner to see you in a whole new light. You'll get to act as a tour guide, pointing out to your partner the cafes, museums, monuments, and street vendors you encountered all those years ago — which will foster a sense of intimacy like nothing else can. Plus, you're not on a 20-something's budget anymore, which means this time around you'll be able to travel in comfort and style!

## 2. Plan a Surprise Visit to Your Partner's Dream Destination

Who doesn't like surprises, at least when they involve travel to a bucket-list destination? To really "wow" your partner, plan a surprise trip to a destination you know he or she has been dreaming about for ages. Is your spouse a huge golf fan? Plan a trip to Scotland to tour the isle's storied golf courses, like St. Andrews. Or has your partner always dreamed of seeing the Eiffel Tower lit up at night? Plan an utterly romantic river cruise down the Seine — complete with a dinner in the incredible restaurant that sits at the top of the Eiffel Tower. Just be sure to work with a trusted travel advisor on the itinerary, so you're not stuck planning all of the details by yourself. To really build trust and a spark-igniting sense of spontaneity, don't even tell your partner where you're going — just tell him or her what to pack, how long you'll be gone, and when to be ready for the ride to the airport. Then get ready to watch the sparks fly!



## 3. Incorporate Hands-On Activities Into Your Travel



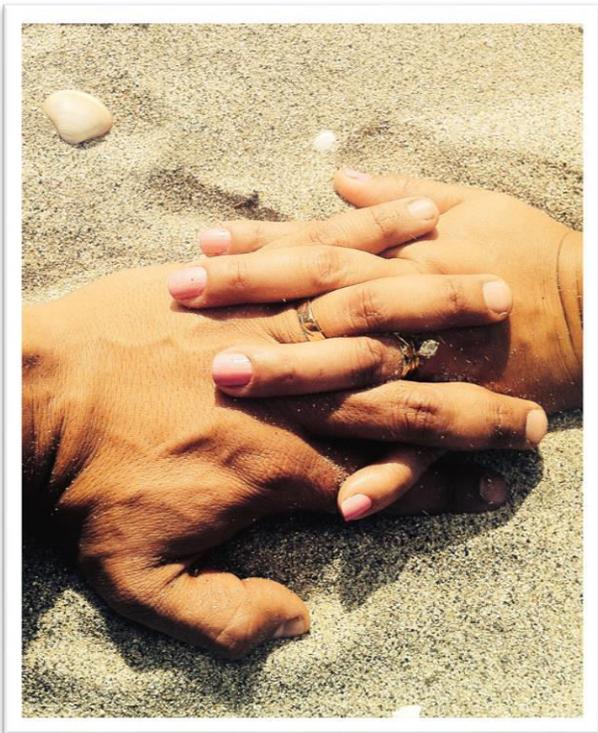
To really reconnect, you and your partner have got to get moving! Cooking classes, wine tastings, yoga courses, even a horseback riding excursion — activities like these allow couples to build new skills together, perhaps even creating a lifelong mutual love for a new hobby. Plus, when you reminisce about your trip together even years afterward, you won't just be thinking about what you saw, but what you did. Concentrate on engaging all five of the senses when you travel together — since that's what really invokes strong memories.

## 4. Challenge Yourselves Through Travel

Couples that tackle challenges together build trust together, it's as simple as that. Try building in a fun “challenge” on your next vacation, like a tough-but-breathtaking bike ride through Tuscany or a “bizarre foods” tour where your gag reflexes are really put to the test! Anything that pushes you and your partner out of your comfort zones will push you closer together, since you'll be relying on one another's support to tackle the challenge. Just make sure you intersperse your challenges while traveling with some relaxation. For example, you can follow up your “bizarre foods” tour with dinner at a Michelin-starred restaurant, or ease your muscles with a couple's spa day post-bike ride.



## 5. Revisit Your Honeymoon Destination



If you and your partner are married, this is a guaranteed way to reignite the passion you felt and re-experience your fondest memories of your first years together, when the bloom of romance was still so fresh. But a trip back to your honeymoon destination can be so much more than just a trip down memory lane — make sure you add in new activities you didn't get to experience the first time around.

This is an especially good idea for honoring an anniversary; just remember to pack your wedding album — it's the perfect read for the plane ride over!

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## Stop Dreaming, **Start Planning!**

Ready to get started planning the trip of a lifetime for you and your partner? Get in touch!

I know that travel is the NUMBER ONE way to remind couples of why they fell in love in the first place. Travel, whether it's at a posh seaside resort or a wild African safari, allows you to step outside of your day-to-day routines so you can learn, grow, and experience the world ... together.

I also know that every couple is different — that's why we custom-craft itineraries so that you get the vacation you, and only you, have always dreamed of. At MH Signature Journeys, we take a holistic approach to planning your travel; from the moment you get in touch with us about your vacation needs to the moment you return home from the trip, we're there for you. When you work with MH Signature Journeys, you can expect:

- Personalized attention to you and your partner's individual needs
- Expert, insider knowledge from a travel advisor with deep industry connections to hoteliers, tour operators, and more
- Dedication to providing you the best value for your desired experience

### Ready to get started?

Use the button below to schedule a time to chat about your dream vacation to reconnect. I look forward to speaking with you!

*Ready to get started?*

Schedule a complimentary appointment with me using the convenient online scheduler.

[Click Here Now](#)

Or visit

<http://www.appointmentwithmichelle.com>